

Pontlliw Primary School – Anti-Bullying Week 2025 Assembly Script

Theme: Power for Good

Led by: Healthy Heroes Pupil Voice Group

Slide 1: Welcome & Introduction

Speaker 1:

Good morning, everyone! We are your Healthy Heroes, and today we're leading a special assembly for Anti-Bullying Week 2025.

Speaker 2:

This year's theme is called '**Power for Good**'. That means we all have the power to make school a safe, kind and happy place—for ourselves and for others.

Slide 2: What Is Bullying?

Speaker 3:

Let's start by understanding what bullying really is.

Speaker 4:

Bullying is when someone hurts another person on purpose, more than once, and it makes them feel sad, scared or left out. It can happen with words, actions, or even online. But remember, bullying is never ok.

Slide 3: What Does Power Mean?

Speaker 5:

Before we go any further, let's stop and think for a moment...

Speaker 6:

What do you think the word 'power' means?

Speaker 7:

Can power be used in a good way?

Speaker 8:

Can you think of a character from a film, book, or show who used their power to help others?

Speaker 9:

All of those characters used their power to protect, help, or stand up for others. That's what Power for Good is all about—and we can do that too!

Slide 4: We All Have Different Types of Power

Speaker 10:

Did you know that we all have different types of power?

Speaker 11:

Some people are really kind. Some are brave and stand up for others. Some are great at including people and making sure no one feels left out.

Speaker 12:

Let's think together...

Speaker 13:

Have you ever seen someone being left out or picked on?

Speaker 14:

What could you do to help in that moment?

Speaker 15:

Even small actions can make a big difference. That's using your Power for Good.

[Slide 5: Asking for Help Is Using Your Power for Good](#)

Speaker 16:

Sometimes, using your Power for Good means asking for help.

Speaker 17:

If you see bullying or someone being treated unkindly, you don't have to fix it all by yourself.

Speaker 18:

You can tell a teacher, a trusted adult, or even a Healthy Hero. That's a brave and powerful thing to do.

Speaker 19:

Helping someone speak up or asking for help yourself shows that you care, and that you're using your power in a good way.

[Slide 6: Interactive Moment – What Would You Do?](#)

Speaker 20:

Let's play a quick game. We'll read out a situation, and you think about what you'd do.

Speaker 21:

Here's one: You see someone sitting alone at playtime. What could you do?

[Slide 7: What You Can Do If You See Bullying](#)

Speaker 22:

If you see bullying, you can be an Upstander, not a bystander.

Speaker 23:

Here's how:

- Tell a trusted adult
- Support the person being bullied
- Don't join in
- Use class worry box

[Slide 8: What's Happening This Week](#)

Speaker 24:

This week, we'll be doing lots of activities to help make our school even safer. And today, the whole school has come in wearing odd socks to celebrate what makes us all unique!

Speaker 25:

Here's what's coming up:

- Healthy Heroes will be designing anti-bullying posters
- We will also be working on producing a child-friendly anti-bullying policy
- We will be updating our Healthy Heroes display board with our latest ideas and pledges
- We will be creating a questionnaire and using your feedback to help us tackle any issues we identify related to bullying behaviour in our school.

[Slide 9: Power for Good Challenge](#)

Speaker 26:

This week, we want to challenge every pupil in our school...

Speaker 27:

Can you do one kind thing every day that shows your Power for Good?

Speaker 28:

It could be helping someone, including someone new, using kind words, or standing up for someone.

Speaker 29:

Everyone in school already has their Kindness Bingo Boards—so this week, we challenge you to keep using them and tick off one kind act each day that shows your Power for Good!

Speaker 30:

Let's see how many kind actions we can do together this week!

[Slide 10: Our Pledge](#)

Speaker 31:

Before we finish, let's make a pledge together.

All Healthy Heroes:

We promise to use our Power for Good.

We will be kind, brave, and speak up.

We will help make our school a safe place for everyone.

Speaker 32:

Thank you for listening! If you have ideas or worries, come and talk to a Healthy Hero. We're here to help!