



Pontlliw Primary RSE Curriculum Overview

<u>Year Group</u>	<u>Content</u>
Reception	<p><u>Themes</u></p> <p>Bodies</p> <p>Respecting my body</p> <p>Growing up</p> <p>Growth and change</p> <p>Fun and fears</p> <p>Celebrations</p>
Year 1	<p><u>Themes</u></p> <p>Life cycles - animal and human</p> <p>Changes in me</p> <p>Changes since being a baby</p> <p>Differences between female and male bodies (correct terminology)</p> <p>Linking growing and learning</p> <p>Coping with change</p> <p>Transition</p>
Year 2	<p><u>Themes</u></p> <p>Life cycles in nature</p> <p>Growing from young to old</p> <p>Increasing independence</p> <p>Differences in female and male bodies (correct terminology)</p> <p>Assertiveness</p> <p>Preparing for transition</p>
Year 3	<p><u>Themes</u></p> <p>How babies grow</p> <p>Babies</p> <p>Family Roles & Stereotypes</p> <p>Family Stereotypes</p> <p>Looking Ahead</p>

Year 4	<p style="text-align: center;"><u>Themes</u></p> <p style="text-align: center;">Having a baby Circles of change Accepting change Looking Ahead</p>
Year 5	<p style="text-align: center;"><u>Themes</u></p> <p style="text-align: center;">Self- and body image Puberty Conception Looking Ahead</p>
Year 6	<p style="text-align: center;"><u>Themes</u></p> <p style="text-align: center;">My Self-image Puberty Conception to birth Adolescent Friendships Boyfriends and Girlfriends Real Self and Ideal Self The Year Ahead</p>