

‘Plannu hadau i dyfu am oes – planting the seeds for a lifetime of growth’
Respect, Care, Community - Parch, Gofal, Gymuned



Pontlliw Primary School Ysgol Gynradd Pontlliw



Sun Safety Policy

Article 3: Everyone who works with children should always do what is best for each child.

Article 12: All children have the right to give their opinion, and for adults to listen and take it seriously.

Article 28 : All children have the right to a good quality education.



Name	Position	Signature	Date
Alison Norman	Headteacher		May 2022
Ian Humphreys	Chair of Governors		May 2022

School Policies and Documents

Pontlliw Primary School has a range of policies and documents which cover the areas of Statutory requirements, Curriculum, Health and Safety etc. Some of the policies have been formulated by school staff while others are produced by the LA and/or Consortium and adopted by the Governing Body. These are stored on the office shared drive, HWB and the school website when appropriate. Paper copies of these policies are available from the school office and are stored in the school office.

Introduction:

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer. There is enormous potential for schools to help prevent skin cancer in future generations. Schools are central to protecting children's skin this is because:

- Children are at school five out of seven days a week at times when UV rays are high.
- Most damage due to sun exposure occurs during the school years.
- Schools can play a significant role in changing behaviours through role modelling and education.
- Students and teachers are at risk of sunburn within 10-15 minutes of being exposed to strong sunlight.
- Students spend an average of 1.5 hours outside per school day, more if involved in sports and outdoor activities.
- Skin cancer is largely preventable through behaviour modification and sun protection during early years.

The main elements of this policy are:

- Partnership: working with parents/carers, governors, our school nurse and the wider community to reinforce awareness about sun safety and promote a healthy school.
- Education: learning about sun safety to increase knowledge and influence behaviour.
- Protection: providing an environment that enables pupils and staff to stay safe in the sun.

Partnership:

- Sun safety will be promoted through working with parents, governors and the wider community to improve our understanding and provision to avoid the harmful effects of too much exposure to ultraviolet light (UV).
- Staff should act as positive role models and set a good example by seeking out the shade whenever possible and wearing suitable clothing, hat and sunscreen.
- In anticipation of warm and sunny weather, Pontlliw Primary School will communicate advice to the community via push notifications and newsletters.
- We will advise parents that all children should attend school with pre-applied sunscreen (minimum SPF 30, 4 star UVA).

Education:

- Annually a special assembly will be dedicated to 'Sun Safety'. This will emphasise the 5 S's of Sun Safety - **SLIP SLOP SLAP**:
 - **SLIP ON A T-SHIRT,**
 - **SLOP ON THE SUNSCREEN,**
 - **SLAP ON A HAT.**
- At appropriate times during the year children will be reminded through our assemblies about 'How to be Sun Safe'.
- The curriculum for all year groups will include aspects of 'Sun Safety' annually.
- Parents and Guardians will be asked through letters/newsletters to support this policy by encouraging their children to adopt the Slip, Slop, Slap message and act as role models.

- Children will be encouraged to use the shaded areas of the school during playtimes.
- From Summer 2023 Pontlliw Primary School will be applying for the Sun Safe Schools Accreditation and use the educational resources available from Skcin: The Sun Safe Schools Programme:
- <https://www.sunsafeschools.co.uk>

Protection:

Shade:

- The school playground has shade provided either by the school building, outdoor shelter(s), trees and/or we have temporary structures i.e. gazebos, etc for use on hot days, sports days and other outdoor events.
- Children will be encouraged to use the shaded areas of the school during playtimes when appropriate.

Clothing:

- The children will be encouraged to wear clothes that provide good sun protection.
- The children will supply themselves with sun hats to protect their face, ears and back of their neck.

Sunscreen:

- In anticipation of warm and sunny weather, LPS will communicate advice to the community via push notifications and newsletters.
- We will advise parents that all children should attend school with pre-applied sunscreen (minimum SPF 30, 4 star UVA).
- Sunscreen is available in the school and re-application will take place throughout the day with using a minimum of SPF 30, 4 star UVA with parental permission. If pupil's own is not available.
- Each pupil will apply sunscreen themselves when appropriate, for use on or off site, for any prolonged outdoor school related activities.
- Staff in early years will support application of sunscreen for our younger learners where required and appropriate.
- If parents/carers would like to withdraw from this facility and/or provide their own sunscreen, please inform the main office or class teacher.
- If your child has a particular skin condition or any allergies, that would impede this policy, please inform the school office or class teacher.

Drinking Water:

- Children are encouraged to increase their water intake in hot weather and are encouraged to drink water during break times and lunch times. Every child should bring a water bottle to school every day.

Training

Periodic training will be organised for all school personnel so that they are kept up to date with new information and guidelines concerning equal opportunities.

This policy will be reviewed when required