

Important Contact Information

Useful Websites for Parents - Talking to Children About Bullying

Anti-Bullying Alliance:

<https://anti-bullyingalliance.org.uk/tools-information/advice-and-support/advice-parents-and-carers>

YoungMinds:

<https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/bullying/>

NSPCC:

<https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/>

Family Lives:

<https://www.familylives.org.uk/advice/bullying/>

Kidscape:

<https://www.kidscape.org.uk/>

UK Safer Internet Centre:

<https://saferinternet.org.uk/online-issue/online-bullying>



What you can do:



Start Telling Other People



Child Friendly Anti-Bullying Policy

- ✓ We want our school to be a place where everyone is respected.
- ✓ In this policy, we want the staff and children to work together to help our school be bully free.
- ✓ This policy was made for our pupils, and with their ideas.



Buster says "Every child has the right to feel safe, respected, and protected from all forms of bullying." **UNCRC, Article 19**

Home - School Agreement

Better Together

- 😊 I will make sure Pontlliw Primary school is a happy and safe place.
- 😊 I will do my best to help our school be a kind and caring place.
- 😊 I will tell an adult if I see bullying.
- 😊 If I am being bullied, I will not be mean back. I will tell someone I trust.
- 😊 I know the school will keep me safe and work with my parents to solve any issues that I have.

Name of child:



What is Bullying?

Bullying is when someone hurts you ...



Several Times on Purpose!

Bullying is a behaviour that can hurt you on the inside or on the outside and is **repeated** over time. It can be:

Verbal: name calling, teasing, spreading rumors.

Emotional: leaving you out, saying nasty things about you to others, hurting your feelings, making threats.

Physical: punching, kicking, hitting, pushing, spitting.

Cyber: saying unkind things online, via text, group chats.

Prejudice: calling you names because of the colour of your skin, religion, gender, disability.

If you think you are being bullied ...

DO

1. Tell a trusted Adult.
2. Ask them to STOP.
3. Walk away.

DON'T

1. Keep it to yourself.
2. Think it's your fault.
3. Get angry and retaliate.

What you can do if you see someone being bullied ...

1. Go and get some help.
2. Tell the person to stop if it is safe to do so.
3. Don't stay silent.

Children in our school have this to say ...

"Bullying is not ok"

"Bullying is not welcome in our school"

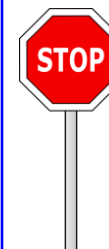
"Don't be sad because we are here for you"

"Don't listen to the bullies, you are a lovely person"

"Don't let the bullies make you feel worthless"

"There will always be someone to listen to you in school"

Remember ...



We will always treat bullying seriously. We will find a way to make it **S.T.O.P** so that you can feel safe and happy in school.