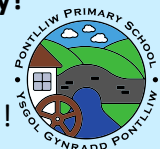


Year Group - 6

Big Question: Does a healthy mind = a healthy body?
Trip / Visit – Techniquet



Planting the seeds for a lifetime of growth!
Plannu hadau I dyfu am oes

RESPECT CARE COMMUNITY

Entry Point Activity:

Techniquet

Exit Point Activity:

Park Lives to support a physical session at the local park developing fitness and a positive mind-set.

Special Events and Celebrations

- 1) National Tests
- 2) Empathy Day
- 3) A week in Pontardullais Comp.
- 4) Leavers Assembly
- 5) Entrepreneur Project

Key
CCN - Cross-curricular Numeracy
CCL - Cross-curricular Literacy
DC - Digital Competence
CC - Cwricwlwm Cymreig / Cynefin

Mini Question 1: Why do penguins huddle?

Science and Technology

2 week investigation on why penguins huddle.

Where do penguins huddle?

How could you investigate why penguins huddle, in your classroom?

What equipment could you use to resemble penguins huddling? CCN CCL

Make a hat to keep warm – DT project CCN CCL

What material and design is best for a hat to keep warm?

Humanities

How do humans effect climate change? CCN CCL

Health and Well-being

How can we keep warm? CCL

What can we do to our bodies to help survival in different temperatures? CCN

Expressive Arts

Study of how penguins move – art in movement CCL

Language, Literacy and Communication

Oracy

Non- chronological report

I movie – interview with a sports person

Reading

Reading a variety of reports and analysing the content in order to create a success criteria.

How do penguins huddle?

What do we need to do to keep our bodies healthy?

Writing

Non- chronological report on why penguins huddle.

Instructions to making a warm hat

Discussion / pro cons of people leading a healthy lifestyle.

Should mobile phones be allowed in school?

Explanation – How does a body part work?

Welsh Language Development

Letter writing to a peer – email

Welsh Language Development

Emailing in Welsh

Group discussion

Recount/ past tense

Mini Question 2:

Project 2: How can we run our bodies like clockwork?

Health and Well-being

What is well-being? How can I look after myself? CCL

What things in my life can I control/ not control? CCL

What are my plans for the future? CCL CC

Who can I turn to for support? CCL DC CC

What happens to our heart when we exercise? CCN

To investigate the effects of alcohol, tobacco and other drugs CCL

Does a healthy body always mean a healthy brain? CCL

Science and Technology

Why are food groups important? CCL CCN

How are nutrients transported in the body? CCL

How do muscles move the skeleton? CCL

What is scurvy? What is rickets? CCL

Humanities

How diets and being healthy were tested in the past? CCN

Expressive Arts

Can I use music or dance to express myself? CCL

Mathematics and Numeracy

Number and place value

4 operations

Fractions

Measure

Geometry – properties of shape

Geometry – Position and direction

Statistics

Ration and proportion

Decimal and percentages.

Notes:

Mental Maths Tests

Active Learn

Sum Dog CATS testing in the Comprehensive.

Mini Question 4 – Entrepreneur Project

Expressive Arts

making products to sell

Advertising

Making posters and adverts CCL CCN

Humanities

What products are on sale in our local area? CC

Types of business in Pontlliw and Swansea CC

Who shall we speak to – Interview people with a business? CCL

Science and Technology

create a graph to collect data on what products do the public like

Analyse data CCN

Making posters and adverts DC

Health and Well-being

Resilience to deal with the rise and fall of a business. CCL

Project 4: How can we keep our hearts healthy?

Humanities

How scientific ideas about food and diet were tested in the past? CCN

Has this contributed to the knowledge of a balanced diet? CCL CCN

Health and Well-being

What happened to the heart rate when we exercise? CCN

What type of exercise will increase the heart the most? CCN

What effect will this have on the body? CCL

To evaluate what we can do to keep our bodies healthy. CCL

Science and Technology

Why are varieties of important foods important for a healthy diet?

How are nutrients and water transported in the human body?

How do muscles move the skeleton?

How do muscle activity requires blood flow?

To investigate the effects of tobacco, alcohol and other drugs.

[Epic Planning - Padlet](#)

*“You are braver than you believe, stronger than you seem
and smarter than you think.”*